

5110 In Action eNews

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Rotary Event Videos Available for Upcoming Club Presentations

By Judy Corwin

There are three significant events coming up for all 5110 Rotarians. Two of them easily accessible from the comfort of your home computer and the third a late summer opportunity to enjoy central Oregon while celebrating 5110 Rotary achievement and service:

- [Click here for details of the May 15th Club Training Assembly](#)
- [Click here for info on the 2021 Rotary Virtual International Convention](#)
- [Click here for the District 5110 Celebration Event at the Deschutes County Fairgrounds](#)



[Click here for the link to a YouTube video promotion of all three events from DGE Gerry Kosanovic.](#)

Please make room in your meeting (Zoom share screen or projection screen) for this recorded announcement, perhaps showing to different audiences and repeated as necessary to promote these great events. Also, encourage those in club leadership positions to register, assisting club members who may be unfamiliar with DACdb access or MyRotary.com.

Friday Deadline to Nominate the Deserving for 5110 District Awards!

By Charles J. Polk



District Awards 2020-21

District 5110 has a long history of outstanding leadership and volunteer commitment at the international, zone, district, and club levels. Each year, we have an opportunity to recognize individuals and clubs that distinguish themselves through their exemplary acts of Service Above Self. We do that at our annual District Celebration, which will take place this year in Bend on August 27-28, 2021.

In order to ensure that every deserving Rotarian's contributions are considered, DG Cindi O'Neil would like your help in identifying potential nominees for several awards. **Nominations must be presented to Awards Committee Chair District Treasurer (DT) Jim Polk or District Secretary (DS) Beth Sheehan by April 30.**

[Click here for full details on the numerous awards and the nomination process for each.](#) Thank you for helping DG Cindi recognize our valuable 5110 volunteers.

RBN Biz of the Week: Kellie Hill & The Right Plan Nutrition Counseling

By Bill Grile

Kellie Hill is the founder/owner of The Right Plan Nutrition Counseling. She is a best-selling author, TV personality and

survivor of both a heart attack and stroke! This dedicated Medford-Rogue Rotarian, as a local Ambassador for the American Heart Association, devotes her life and work to helping others find the kinds of healthy diet that have saved her life ... twice! Kellie is a Paul Harris Fellow and Club RYLA chair. Go to <https://rotarybusinessnetwork.org/listings/the-right-plan> and/or <https://therightplan.com/> to learn more about Kellie and her story.



Every D5110 Rotarian with a business or profession is entitled to a Rotary Business Network directory listing. Visit the RBN Directory at <https://rotarybusinessnetwork.org/> or contact Rotarian Dan Smith (team@rotarybusinessnetwork.org) if you have questions. Because.....wouldn't you rather do business with a Rotarian?

Assorted Levity for Your Rotary Week/Life

By Mike Corwin

12 THINGS TO ALWAYS REMEMBER:

1. The past cannot be changed.
2. Opinions don't define your reality.
3. Everyone's journey is different.
4. Things always get better with time.
5. Judgments are confessions of character.
6. Overthinking will lead to sadness.
7. Happiness is found within.
8. Positive thoughts create positive things.
9. Smiles are contagious.
10. Kindness is free.
11. You only fail if you quit.
12. What goes around comes around.

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While the doctor might not prescribe it, the ability to find humor in our situation is key for maintaining of sanity, patience, and peace of mind. --- SMILE!

◆ I was never really insane except upon occasions when my heart was touched. ◆ ◆ **Edgar Allan Poe**

◆ Be nice to nerds. You may end up working for them. We all could. ◆ ◆ **Charles J. Sykes**

◆ By working faithfully eight hours a day you may eventually get to be boss and work twelve hours a day. ◆ ◆ **Robert Frost**

◆ Life doesn't imitate art, it imitates bad television. ◆ ◆ **Woody Allen**

Tell Us Your Story! We welcome your submissions for eNews and the District website at district5110.org/contact-us/